

Method Writing – Day 1

WRITE TO EMPTY THE STREETS

Program

10.00 Good morning. Welcome and presentations

Introduction to Method Writing: Begin with something authentic – not good!
Movement: From 'true moment' – to situation (e.g. part of a scene)

Method Acting/Writing: American version of Stanislavskij's techniques (for actors). Inside-out, Outside-in
The logbook/notes as investigation in a 'secret room'
Patience – as antidote to the pretentious/performing

Free Writing/generative writing – articulate unconscious knowledge (experiences, hidden knowledge). Incubation. Nonstop and essence writing. The tone/language is a generating automated system (e.g. authors who find that the story or character lives their own lives).

Persona – The art of being a crab!

12.30 Lunch

13.15 Persona continued

Three essential personas/inner roles:

1. 'The Creative Child' (open, direct, unpretentious?)
2. 'The Great Creator' (or 'Me After My Death' or 'My Poetic Self')
3. And 'My Inner Critic' (or possibly 'My Evaluating / Performing I')

Locate your internal writing-personas.

Method Writing (according to Rachel Ballon)

16.55 Thanks for today!

Method Writing – Day 2

WRITE TO EMPTY THE STREETS

Program

- 10.00** **Good morning**
- Summary from yesterday ('The best techniques/writing advices')**
- Method Writing (according to Rachel Ballon) – continued**
- 7 special logging techniques** (according to Tristine Rainer):
1. Lists
 2. Portraits
 3. Mapping the (un)consciousness
 4. Visualization
 5. Changed point of view
 6. Unsubscribed letters
 7. Dialogs
- 12.30** **Lunch**
- 13.15** **7 special logging techniques** (continued)
- Method Writing – according to Jack Grape**
From logbook and 'transformation lines' – to moment/picture/situation (part of a scene)
- Possibly. Peter Elbows Loop Writing System** (Write in loops – alternately on your project and around your topic from different roles and positions)
- 15.50** **Summary: And what now? Thanks for now!**

This course will vary between short lectures from the instructor/Bo Skjoldborg and writing sessions (5-30 minutes) – with follow-up discussions in plenary or smaller groups.